



# THE TOWER

*First Presbyterian Church  
Sanctuary: 210 Morris Avenue*

*Office/Parish House: 37 Church Mall, Springfield, NJ 07081*

*Phone: 973-379-4320      website: [www.SpringfieldPresbyterian.org](http://www.SpringfieldPresbyterian.org)*

VOL. 78 NO. 07

MARCH 2026

Dear Brothers and Sisters in Christ,

As I write this, I am enjoying the extra light coming in the windows from all the snow we have had. I also learned that this past Sunday February 22<sup>nd</sup>, the sun set at 5:59 p.m. and it will not set any earlier than 6:00 p.m., until **November 2<sup>nd</sup>**! This is very hopeful news, especially while enduring this very long, cold and snowy winter!

However, I'm sure you're also noticing that some of our trees and shrubs are still bent over under the weight of the heavy snow. I am eager to get through this week when temperatures will rise and hopefully melt the heavy snow and free the branches from their burdens.

Perhaps this is a good metaphor for Lent.

Sometimes we are able to withstand the pressures, difficulties and disappointments in life. Other times, either our own choices (or lack thereof) or other life circumstances can weigh us down. In those moments, it seems we are unable to lift ourselves up. Sometimes we are able to trust God. Sometimes we wonder if we've fallen off of God's radar.

Lent is the perfect time to reorient ourselves to God and God's promises. Taking even 10 minutes a day to ponder the daily lent cards can be helpful. Attending even one of our Soup/Bread and bible studies can help reframe our life and faith. Worshiping weekly in-person or on-line can also be a good way to be lifted up, especially as we hear a Lenten witness given by someone within our community of faith, each week in Lent.

I also encourage you to set aside time to come our **Holy week services**, which begin **Palm Sunday**, March 29<sup>th</sup>. This year we are adding to our Holy week services. We will have a **Maundy Thursday** service, March 26<sup>th</sup> with communion and 'hand' washing as well as a **Good Friday** service March 27<sup>th</sup> with Tenebrae (readings of the passion, extinguishing of candles and powerful music). I hope you will not only plan to attend these services but that you might bring a friend or neighbor who may never have experienced these services before. The services can be powerful and even life changing, for youth as well as adults.

So, trust that whatever heaviness you might be enduring WILL be lightened by God, in time and that the warmth of the sun and the presence of the Son, in these activities, will lighten your load and eventually bring glory on Easter Sunday!

Grace and Peace,

Rev Jen



## Lenten Soup & Bread Suppers

Participation is free, but we ask that you sign up to participate so we can calculate how much soup to make.

Volunteers are needed to prepare the soup (two varieties every Wednesday through March 25th) and to help with the setup and cleanup.

Looking forward to sharing this time with you.

The Outreach committee,  
Heather Francis, Chair  
Rev. Jen



March 4 – Robbie Smith  
March 6 – Keasha Blake  
March 14 – Alivia Clark  
March 18 – Eunice Amarabe  
March 21 – Richard Dambres  
March 29 – Charles Ruebling-Jass

## DAYLIGHT SAVINGS TIME BEGINS

A reminder to set your clocks ahead one hour before you retire for the evening on **Saturday, March 7<sup>th</sup>**.

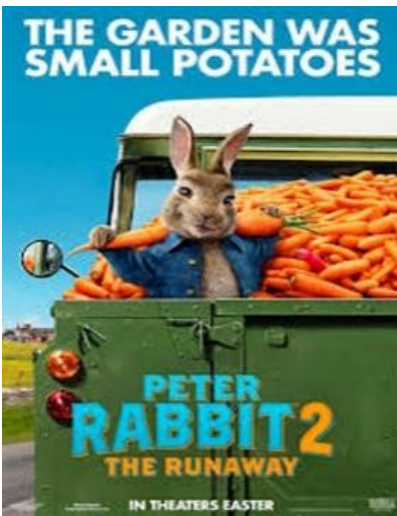


## PALM SUNDAY BREAKFAST

**March 29<sup>th</sup>**-Immediately after worship.

Invite your family and friends!

## **SAVE the Dates!**



### Spring Movie Night

Peter Rabbit 2– Fri April 10<sup>th</sup> 7:30PM



International Night - May 2<sup>nd</sup> - 6-9PM

On February 8<sup>th</sup>, the Congregation wished Isaac Emole “Farewell” in his move back the U.K. He will be missed! Please keep Isaac in your prayers as he seeks additional schooling and seeks a career in health care!

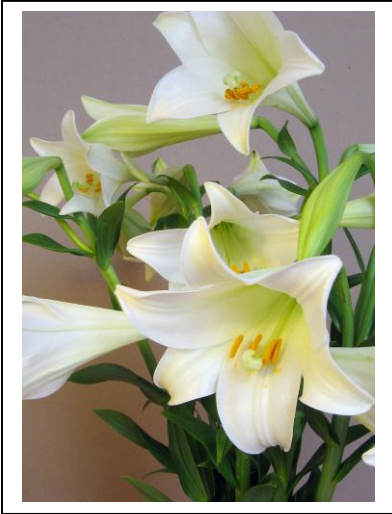


### “Souper Bowl of Caring”

Over the last few weeks, our church has participated in the “Souper Bowl of Caring” which is a long-standing national initiative to help feed those who are ‘food insecure’ on the 2<sup>nd</sup> largest day of food consumption in the calendar year: Super Bowl Sunday.

We also joined in a friendly competition with some of our neighboring Presbyterian churches. The jury’s still out, but so far we definitely built highest tower of food, **7 feet, 5 inches!!** Although not everything was fully stackable (even with the help of some of our member-engineers), The total collection was exactly **250 items!** Thank you to everyone who supported this Your generosity and compassion are what make moments like this possible. Together, we’re not just filling bowls — we’re building a stronger, more caring community. 🍷





**EASTER FLOWER ORDER FORM**

Each Easter Sunday, we enjoy the beautiful site of Easter Lilies displayed in the front of the church. In order to behold this beautiful site, our members and friends are invited to donate one or more plants at a cost of \$20.00 each. You may elect to take your plant after the Easter Worship Service, or donate it to our homebound friends. Please fill out the form below and return it with your check made payable to the church and send it to the Church Office. 37 Church Mall, Springfield, NJ 07081. (Please do not combine with other giving) All orders must be received in the office no later than Wednesday, March 25th. We look forward to another glorious display to celebrate the

resurrection of our Lord, Jesus Christ!



NAME: \_\_\_\_\_

PHONE #: \_\_\_\_\_

IN MEMORY or HONOR OF (please circle one)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I will leave my plant(s) \_\_\_\_\_ I will take my plant(s) \_\_\_\_\_

Envelope # (if avail.) \_\_\_\_\_

Additional information \_\_\_\_\_

I am available to assist the Deacons with delivery of plants \_\_\_\_\_

# Puzzle!

## HOW'S THE WEATHER?

Use the code below to fill in these forecasts in places where Jesus traveled:

### CODE:

|       |       |       |       |       |       |       |
|-------|-------|-------|-------|-------|-------|-------|
| A = ☺ | D = ❄ | H = ❄ | M = ☆ | P = ◆ | T = ■ | W = ☁ |
| B = ● | E = ✦ | I = ✦ | N = ↑ | R = ● | U = □ | Y = 🌬 |
| C = ☼ | G = ✦ | L = ★ | O = ↓ | S = ○ | V = ☒ | Z = 🌬 |

Mt. Hermon    ○    ↑    ↓    ☁

Jericho    ❄    ↓    ■

Jerusalem    ☆    ✦    ★    ❄

Dead Sea Area    ■    ●    ↓    ◆    ✦    ☼    ☺    ★    ❄    ✦    ☺    ■

Sea of Galilee    ✦    □    ○    ■    🌬    ☁    ✦    ↑    ❄    ○

Mediterranean Coast    ●    ●    ✦    ✦    🌬    🌬



Answers: snow, hot, mild, tropical heat, gusty winds, breezy



# March 2026



| Sun   | Mon                 | Tue   | Wed  | Thu | Fri | Sat  |
|---|---------------------|---|--|-----|-----|--|
| 1<br>Communion Worship<br>10:15am   | 2<br>Session<br>7pm | 3   | 4 6:30-8pm<br>Soup & Bread Supper<br>Bible Study in Chapel   | 5   | 6   | 7<br>                     |
| 8 DAYLIGHT SAVING TIME<br>Clocks 1 hour ahead!<br>Worship Service 10:15am   | 9                   | 10  | 11 6:30-8pm<br>Soup & Bread Supper<br>Bible Study in Chapel  | 12  | 13  | 14   |
| 15<br>Worship 10:15am with Band<br>Annual meeting of<br>Congregation follows service  | 16                  | 17<br>St. Patrick's<br>Day<br> | 18 6:30-8pm<br>Soup & Bread Supper<br>Bible Study in Chapel  | 19  | 20  | 21<br>Spring Begins!<br> |
| 22<br>Worship service 10:15am   | 23                  | 24  | 25 6:30-8pm<br>Soup & Bread Supper<br>Bible Study in Chapel  | 26  | 27  | 28   |
| 29<br><br>Worship Service 10:15am<br>Followed by breakfast in<br>Chapel. | 30                  | 31  | Mailing/office address:<br>37 Church Mall<br>Springfield, NJ 07081-1208<br><br>Church/Chapel: 210 Morris Avenue at corner of<br>Church Mall. |     |     |  |

## First Presbyterian Church of Springfield

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Rev. Jen: [Pastor@SpringfieldPresbyterian.org](mailto:Pastor@SpringfieldPresbyterian.org)



THE FIRST CONGREGATION  
OF THE PRESBYTERIAN CHURCH AT SPRINGFIELD  
37 CHURCH MALL  
SPRINGFIELD, NJ 07081

stamp

RETURN SERVICE REQUESTED

PLACE LABEL HERE



**Palm Sunday** – March 29<sup>th</sup> at 10:15am  
**Maundy Thursday**- April 2<sup>nd</sup>, Handwashing and  
Last Supper service 7:30pm  
**Good Friday** –April 3<sup>rd</sup>, Tenebrae Service 7:30pm  
**Easter Sunday** – April 5<sup>th</sup>, Communion worship  
with special music 10:15am

## **THE 281st MEETING OF THE CONGREGATION AND CORPORATION**

The Meeting of the Congregation and Corporation of the  
First Congregation of the Presbyterian Church at Springfield  
will be held in the Church Sanctuary on **Sunday, March 15, 2026**,  
following the 10:15am Morning Worship Service.

The purpose of this meeting is to receive annual reports and vote on the  
Pastor's Terms of Call for 2026.